

Thursday 13th March 2014

Term 1

Issue No. 3

ASSEMBLY Monday 24th March Choir Held in the Gym 9am Start

IMPORTANT DATES TO REMEMBER

Friday 14th Mar	Cultural Event - Whole School	Tuesday 18th March	Sun Smiles Seniors
Saturday 15th Mar	Harvest Festival 11am - 4pm	Tuesday 18th March	Bright Eyes -Year 1
Friday 21st Mar	School Fete 4pm - 7:30pm	Friday 21st March	Sun Smiles Juniors



Be Safe

Be Respectful

Be A Learner

ARTS NEWS



Two Cultural activities have been booked for this year. The first is on **Friday March 14th** and is a **Maths Science Adventure** scope with lots of fun learning activities. The second is Planet Rhythm a drum extravaganza with a heap of banging and rhythms to make children move. The Cultural Levy is 15.00 which is part of your Summary of Charges for 2014 and is not a divisible fee. If you have not paid this yet please do so by tomorrow morning so your child can enjoy this great show.

The MYOS Melbourne trip is scheduled for July 30th. This year we are seeing **Les Miserables** and visiting the Melbourne Museum to see The Aztecs exhibition. Students who are participating in this excursion received a second note this week regarding payment options. I am trying to ensure all payments are finalised this term for organisation purposes. Further information will be sent home in the coming weeks.

Maureen Guy,
Arts Coordinator.

Step UP Loan

StepUP offers a 'fair go' to low income families in Albury, Wodonga, Wangaratta and surrounding areas. People who are financially disadvantaged in Wodonga are able to access fair and reasonable credit through StepUP Loans - a low interest personal loan.

To be eligible applicants must hold a Centrelink Health Care Card or Pensioner Card and also have lived at their address for more than 3 months. Documents are required to confirm income, expenditure and identification.

People interested in applying for a StepUP Loan can contact the local StrepUP microfinance worker at:

Upper Murray Family Care
29 Stanley Street
Wodonga 02 6055 8000

Music Lessons

Music lessons for piano, keyboard, piano accordion and guitar are held at school during school hours every Thursday.

Phone Heather Wilson 60256480

**H & R BLOCK
Tax accountants**
WODONGA (02) 6024 7159
ALBURY (02) 6021 6933

Personal Tax	Bookkeeping	BAS
Business Tax	Capital Gains	Shares/Investments
Deceased Estates	Rental properties	Taxation Advice

The best people in Tax. That's our claim

School Dental Services

Albury Wodonga Public Health Dental Clinic:
155 High Street Wodonga. Lower Floor
Phone 02 60517925



Principal's Report



Dear Parents / Caregivers,

School Fete

I would like to officially invite all families to come along to our School Fete to be held next Friday 21st March from 4 pm - 7.30 pm. This will be a fabulously fun time, as we have organised many attractions. Who wouldn't love to have their face painted, or ride a pony on our oval, or discover our amazing scarecrows in the Garden, or enjoy some fabulous hot and cold foods and drinks?... and there is more! But you will need to be there to find out, so no more clues! Students must only attend with a parent / carer, and must go home as usual at 3.20pm before the fete starts. I must also thank our parent volunteers from School Council and our Parents, Family and Friends (PFF) group who will be helping out by running some of the food stalls. This is our major fundraiser for the year, and we don't organise a fete every year. Please come along and enjoy a pleasant family evening and have some FUN.

School Council Elections

Congratulations to Shelley Joliffe, Karen Viney and Jill Hedditch who have been elected onto our School Council as Parent Representatives, as well as Greg Forster who has been elected as a DEECD member. A reminder that our next School Council Annual General Meeting and first meeting will be held on Wednesday 26th March at 6pm for our AGM . Please note earlier starting time than normal.

Parents, Family and Friends (PFF)

Our fantastic group of PFF met this week and conducted their Annual General Meeting. I am pleased to announce that Teresa Booth will be continuing on in the role as President, and Tracy Smith is our new Secretary / Treasurer. Special thanks to Katrina Lewis for her excellent efforts in this role for the past year. It is a very welcoming and friendly group who meet monthly in our Staffroom, directly following our school assembly on a Monday. Everyone is most welcome to attend these meetings, and / or assist throughout the year with any of the fundraisers organised by PFF. Many hands make light work, and the more effective this group is, the more it will benefit your child / children as the funds generated are directly spent on extra things for students. Last year the PFF raised funds which allowed us to purchase new basketball backboards and rings (which they adore) and large art canvasses which the students have painted and we have displayed around the school. This year, the PFF will be working hard to purchase new books and reading materials, amongst other things. They would welcome your assistance.

'Sun Smiles Program' and 'Bright Eyes Program'

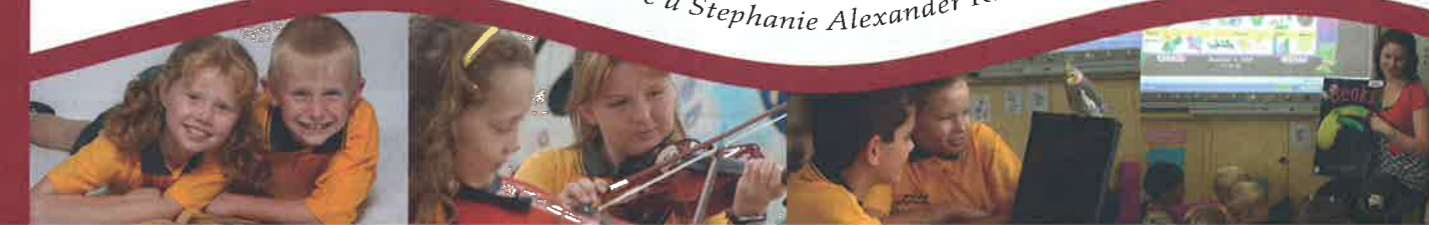
Next Tuesday and Friday, students will receive their FREE dental fluoride varnish treatment and oral health lessons as part of the 'Sun Smiles Program' which happens each year in March and September. If you are new to the school this year you will need to return the permission form to be included. We are also the first school to offer a FREE vision screening to our Year One students by an optometrist (Bright Eyes Program). Students must have their permission note back by TUESDAY when this screening will occur.

Regards,

Jocelyn Owen

Learning for Living

Proud to be a Stephanie Alexander Kitchen Garden school



Goods Shed Harvest Festival

Please come along to this **FREE** event being held on **Saturday 15th March** between 11am and 4pm at the old **Wodonga railway station (enter via Church Street)**. You can watch our students cook (between 12-2) and we will be selling our fantastic preserves made from our garden produce. **We hope to see you there!**

Charles Sturt University Students



This week our Junior classes welcomed 6 teachers in training who will be working in the classrooms every Wednesday for the next eight weeks and then returning later in the year as part of their pre-service education.

We are lucky to have these students to enrich our program and no doubt the learning will benefit our students and the trainee teachers.

Ask your student about the new teacher in their classroom?

CARNIVAL RIDES!

Save yourselves some money and pre-purchase **Arm Bands** for \$30, giving you unlimited rides on our Fete night.

They must be purchased before Friday or they will cost \$35.

Available at the office for **CASH ONLY**.

Sorry! NO EFTPOS

Division Swimming

Congratulations to Sophie Bignall, Kaitlyn Castro, Mikayla Ivic, Theresa Marcuzzi and Blake Leaver who competed in the Division Swimming Carnival at Waves Pool in Wodonga recently. All students were great ambassadors for our school and swam personal bests of between 3-6 seconds better than their previous best. In the swimming world, that's a great improvement!

Division Cricket & Tennis Trials

Thomas Miller represented our school in the Cricket trials yesterday and from all accounts, I hear he has a lot of talent in this area. Nat Hedditch, Brock Thompson and Jack Goldsworthy have been chosen to participate in our Division Tennis trials next week at the Wodonga Tennis Centre. We wish them all the best and know they will represent our school admirably.

AFL Player Visit

On behalf of AFL Victoria and Murray Bushrangers, MYOS students were fortunate to be invited to participate in an AFL Player Super Clinic with St. Kilda players last week. All students were challenged to participate in skill sessions run by six St. Kilda players. Students had an opportunity to get signatures and chat to the players afterwards. Each MYOS class now has their own Sherrin football, signed by the six St. Kilda players.

Susan Macdonald
P.E. Co-ordinator

Yesterday I went to the State Cricket Team to try out for being part of the team. I had a great day and I played well.

I find out on Friday by Website if I have been selected. I'm really hoping I can get into the team.

Thomas Miller



Thank You!

Our thanks to Shelby and Shakelle's mum Emma for her kind donation of baskets for our Easter Raffle.



Well Being Report



Compass Awards

Any students interested in being in the Compass program needs to attend a meeting Monday at recess. Whether you are already started or wish to start this year. It is a fantastic program for students to grow by completing sporting/hobby and exploring tasks. Please see me for further details.

Melissa Potter
Wellbeing Officer

Friday March 14th is World Sleep Day!

The theme is:

- ◆ Better Sleep!
- ◆ Better Health!
- ◆ Better Learning!



The Keys to Better Sleep For Kids:

According to a recent British study into sleep habits, Regularity of sleeping habits and routine are the keys to kids' well-being and better cognitive functioning when it comes to sleep.

The Sleep Clock Loves Routine & Regularity.

Here are 3 tips for a better night's sleep for kids:

1. Stick to the one hour variation rule: Alter bedtimes by no more than one hour on weekends and other nights.
2. Make the time before bed CEFB-free: that is, no caffeine, no vigorous exercise, no heavy food, no hot baths before bed-time.
3. Establish sleep-trigger rituals to trick the brain into sleeping: Stick to tried and true sleep rituals such as reading, or teeth, toilet and story.

(Contributed by Michael Grose, parenting guru).

Another top tip is to limit the Xbox and Television. Ideally these should NOT be in children's bedrooms!

DON'T BE SCARED!!!!



There is 1 week to go until the fete and we are having a scarecrow competition. All your family has to do is make a scarecrow and bring it along to school. Each grade will be making one too. There are some great ideas if you go to google images and type in scarecrows.

At the fete people can purchase a token for just \$1 and vote for their favourite scarecrow. If the winner is a family entry you will receive a pack from the SAKG. If it is a class entry, they will receive a special garden party session. More news as the date gets closer but start thinking about building a family scarecrow. It is a great family activity, think of it as homework, but fun.

There will also be a scarecrow colouring competition too. There are 2 different sheets for the F-2 children to select from and 2 for the 3-4 students. We would like the year 5-6 students to design their own scarecrows and colour them in and enter them. Entry is 50 cents and there will be great prizes on offer. SO get building, colouring and having fun.

Lyn Welsh
Year 3/4

Fete Donations Please!

We would really appreciate donations of items for the White Elephant stall, non-perishable goodies for the Hampers and the fresh produce of sour cream, cheese, dry slaw and coleslaw dressing to enjoy with the Daisy Baked Potatoes we are selling on our Fete night. **Friday 21st March**

CANTEEN NEWS

Roster – March:

Wed 19	Sam Boatwood
Thu 20	Jill Hedditch
Fri 21	Teresa Booth



Grade 6 Assistants:

17-21 March:
Shaun Ellis and Kirby Matthews.

Susan Edwards,
Canteen Manager