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Assembly : Monday 9th May 23C Ms. Chenoweth Held in the Gym 9am start

IMPORTANT DATES TO REMEMBER

Friday 29th May	Walk-A-Thon - Make sure your permission notes have been returned
Friday 29th May	Borambola Year 3/4 camp deposits are due - \$50.00 cash - last day
Thursday 5th May	Wodonga West Cross Country - Willow Park - Rooms 5 thru 29
Thurs 5th & 6th May	Mothers' Day Stall - A lot of great gifts for mums available for purchase
Payments Due	If you haven't already paid your \$50 for books & requisites, please do.
Payments Due	S.A.K.G. 2nd instalment of \$25.00 due now if you wish to attend



Be Safe

Be Respectful

Be A Learner

Enrolments for 3 and 4 year old Kinder and Foundation are now open at the front office. Please come and collect an enrolment form.



Dear Parents / Carers,

WOOD-FIRED PIZZA OVEN TRAINING

Would you like some free training in wood-fired oven cooking? Then come along to our school on Monday 9th May from 10 am - noon and learn the skills of cooking all sorts of delicious foods in this exciting way. You will be treated to lunch provided by the school (that you will be involved in cooking). You are also invited to bring along some foods from home to cook and take home with you for the family to enjoy e.g. scones, breads, roast, pizza, cake, baked potatoes etc. Please register at the front office in person or with a phone call to the school on 6024 1188

WORKING BEE - organised by School Council

Our Autumn Working Bee is scheduled for SATURDAY 14th May from 9 am - noon. This year we will be targeting the Stephanie Alexander Garden and doing some important jobs to support this valued program. I am asking for your help as we need lots of family assistance to care for this large but beautiful garden that supports us with produce for the kitchen.

HOUSES LAUNCH



Last Friday we launched our three new houses, **Fire/red, Water/blue, Earth/green.** From 11.40am-3.20 students participated in a range of team building and getting to know you activities. This was a fantastic day and I am sure there were lots of tired students that afternoon (or was that



just the teachers).

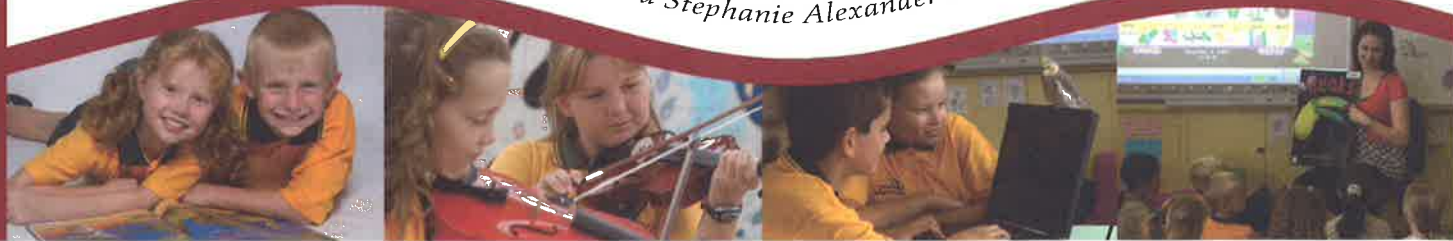
House groups were created through collaboration between a dedicated focus group of students and teachers. At Wodonga West we are aiming to build connections between students and teachers across all levels within the school. Through knowing and caring for others we hope to foster a close-knit, connected community.



Regards,

Jocelyn Owen

Proud to be a Stephanie Alexander Kitchen Garden school



SAKG Survey

Earlier this year the Stephanie Alexander Kitchen Garden Foundation surveyed over 1000 children to discover their knowledge of food and its origins. The survey revealed children who are involved in helping grow fruit and vegetables and help with grocery shopping and cooking know more about where food comes from and how it is grown. We decided to survey our students to see how they compared.



Here are some of the findings:

- * Like the survey participants, our students reported that only 50% grow fruit and vegetables at home.
 - * Only 14% of our students didn't realise butter came from cows compared with 25% in the National survey.
 - * 94% of our students help with grocery shopping often or always.
 - * 30% help prepare meals more than three times per week.
 - * 93% of our students know where fresh food comes from but only 20% did in the National survey.
 - * 25% of our students do not sit down regularly with their family for a meal which matches the National survey result.
- In case you have ever wondered, the three most popular



fruits for our students are apple, watermelon and banana in that order. Carrots, corn and potato are the 3 most popular vegetables amongst our students.

The Stephanie Alexander Kitchen Garden program is an integral part of our school and students are learning valuable lifelong skills. We are lucky to have a small but committed team of volunteers who assist us with this program.

I invite all families to come along to our **School Working Bee** on Saturday May 14th (9 am - 12 noon) to assist in our Kitchen Garden with the many tasks that need doing. Even half an hour of help would be valuable. Please mark this date in your diaries.



Sharon Mawby
SAKG coordinator

ANZAC Day 2016

On a beautiful Autumn day Wodonga West Primary attended the ANZAC Day March.



I was very proud of our students who attended and marched behind the Returned Service Men and Women.

They were respectful, and were worthy ambassadors for our school. Our school captains Kirra Shepherdson and Merrick Tadeo laid the wreath with dignity and reverence and were a credit to our school.

I would like to give a BIG thankyou to the parents who attended. Without your support it also would be impossible for the students to attend. Thank you to the teachers who participated; it was wonderful to see so many there. It was a fantastic day and it proved that Wodonga West Primary respect and honour our Australian soldiers.

Liz Haynes
Defence School Transition Aide

Get ready – the *2016 Walk-A-Thon* is tomorrow!!

This year's theme will be... SPORT – dress in your favourite sport colours.

The date for our Sport-a-thon will be Friday, April 29th, 2016.

Hope you have planned your outfits and raised sponsorship money.



**Permission notes must be returned by Friday morning.
No Note - No Go**

WODONGA WEST CROSS COUNTRY

A reminder that the Wodonga West Cross Country will be held on Thursday 5th May at Willow Park. All students in Rooms 5-29 have been training and will participate in a 2km (9/10 Years) or 3km (11/12 Years) distance. Permission notes will be given out next week and need to be returned ASAP so you don't miss out on a great day!

This will be our first event where house points will be awarded for all students who participate!

If any parents are able to help, please sign up at the front office ASAP, or contact the school.

Susan Macdonald
P.E. Coordinator

Student Wellbeing Report Breakfast Program



Breakfast is said to be the most important meal of the day. It is important for each student to have breakfast before coming to school as this helps with their concentration and ability to focus on their school work rather than their rumbly stomach. We have been provided with some breakfast foods for families that may require them, as we all know there are times when the cupboard is bare. If you feel your family would benefit from the assistance of this program or you have any questions, please see me (Mrs Potter) and I will supply you with a breakfast pack.

Melissa Potter
Wellbeing Officer

The P.F.F. Group are holding a
Mother's Day Fundraising Raffle
with lots of great prizes to be won.

Tickets will be drawn on
Thursday 5th of May.
Tickets are \$1.00 each

