



LINK LETTER

21 Mar 2024

Lawrence Street, Wodonga Victoria, 3690
Email: wodonga.west.ps@education.vic.gov.au

Phone: (02) 6024 1188
www.wodongawest.vic.gov.au

Enrolments are welcome for all year levels for 2024

Be Safe

Be Respectful

Be A Learner

Principal's Message

Dear Parents / Caregivers,

End of Term 1

The end of term is fast approaching. We finish the term on Thursday 28th March at 2.30pm (note early finish). The following day is Good Friday. As this will be the last Linkletter for the term, I would like to wish everyone a safe and restful holiday break, especially if you are travelling. We return to school after the break on Monday 15th April. In the second week back we have ANZAC Day public holiday on Thursday 25th April followed by a PUPIL FREE DAY on Friday 26th April. Theircare will be available for bookings on the pupil free day for those that require it.

Melbourne Flower and Garden Show

We are very excited to be taking 60 students in years 3 and 4 plus 12 staff to the Melbourne Flower and Garden Show tomorrow. We will be travelling on two buses which will be leaving promptly at 8am and returning approximately 7pm, so it will be a tiring day for all concerned.

This is a fantastic opportunity for our students and they will love everything about it. Thank you to Mrs Hillas, our SAKG specialist, who was able to get us free tickets. This excursion ties in really nicely with the Rich Task they have been learning about this term. Students will need to bring their food and drinks for the day (there are plenty of water stations to fill drink bottles at the event). Please ensure all students are collected on time at 7pm from the school carpark area. Melbourne's weather is expected to be perfect at 22 degrees.

School Council AGM / Meeting

A reminder that our School Council Annual General Meeting and normal Council meeting will be held on TUESDAY 26th March at 5pm in the school staffroom. This will be the first meeting for some people newly elected to Council.



2.30pm finish last day of Term 1

School Car Park

The school car park is NOT for picking up or dropping off students before or after school, as it is a serious safety concern particularly to young students and families. It is also not a drive through! Parents and Carers are also reminded NOT to walk through the car park area, but to use the red brick pathway. We have had some close encounters recently. I am constantly monitoring people who wrongly drive through or park in there, many who keep on doing so after a reminder! It is for school / kindergarten staff and contractors engaged by the school only, or valid Disability parking but only if a current and valid Disability sticker is displayed the entire time of parking or driving in our car park. The speed limit is clearly displayed as 5 km per hour. I refuse to encounter any further abuse from anyone who is disrespectful or fails to follow our carpark expectations. It appears that the same people (even after repeated warnings) think it is O.K. to put their own convenience ahead of or at the expense of our students' safety. It is my job to enforce the Car park Policy set by our School Council and I really want to say that I am really impressed with the vast majority of our parents/carers who always do the right thing. But this needs to be 100% of our community all the time.



Stephanie Alexander Kitchen Garden

I don't get to go over to the Kitchen every session, but today I made a special effort to visit. It was terrific to see all the students eating their meal together along with their teacher and our awesome volunteers. Today the students in 3 / 4 V made:

Sweetcorn Fritters with crisp sage and herb yoghurt, Silverbeet in olive oil with chickpeas and currants, and fruit buns. It looked and smelt delicious! Lots of positive comments from the students around the tables as well as giving the recipes the 'thumbs up!' Please enjoy some photos from this lesson today.





NAPLAN Testing

This week students in years 3 and 5 have been sitting their NAPLAN tests, mostly completed on-line these days. These are national tests in Literacy and Numeracy. Results will be sent back to the school and to parents early next term. These results are a guide as to how your child is travelling compared to other students across the nation and informs the school of any potential strengths or weaknesses in the curriculum to give greater attention. Well done to our students for sitting these tests and for doing their best.

Regards,

Jocelyn Owen
Principal



Harmony Day Display

**Breakfast Club
each Mon & Wed
of Term 1**

**8.30am-8.50am in the
SAKG Kitchen**



Important Dates

21 Mar	WMYC On Show 3.30pm to 5.30pm
22 Mar	Melbourne International Flower and Garden Excursion
25 Mar	School Assembly 9.10am
26 Mar	School Council Meeting 5pm
28 Mar	Last Day of Term 1 - 2.30pm finish - Sports Dress Up \$2
28 Mar	Last day of Term 1 Kinder - 3pm finish - Sports Dress Up \$2
15 Apr	First day of Term 2
19 Apr	Cross Country

LIBRARY BOOK BAGS

Library Book Bags are available for sale here in the office. \$10 each.

Perfect for keeping books safe to and from school



WWCC Easter Raffle

The P.F.F are holding an Easter Raffle for our school. Tickets are \$1 each and have gone home with all students earlier this week. Tickets and money are due back by 26th March and prizes will be drawn the last day of Term 1, 28 March 2024



**Tickets \$1 each,
Drawn 28th March 2024**

The P.F.F are kindly asking for donations of Easter eggs or Easter gifts that can be used to make up prizes for this year's Easter Raffle. Please drop your donations to the front office before Tuesday 26th March.



HOUSES

On Friday 15th March all students and staff participated in four different activities to celebrate the creation of our fourth house. Captains were voted for and congratulations go to:

Oliver Willson and Angel Taylor – Earth house

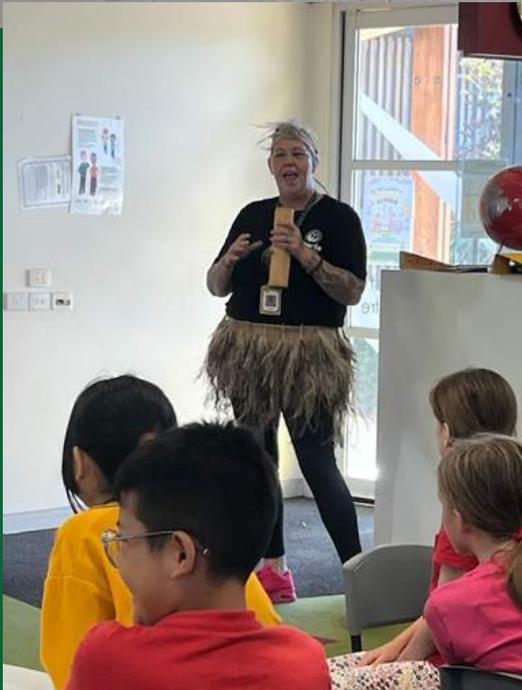
Kate Nguyen and Daniel Ngo – Air house

Olivia Gordon and Xanthe Timms – Fire house

Jarrah Valentine and Xanthe Buckley – Water house



HOUSES



HELPING US STOP BULLYING

Parents and other carers have a key role in preventing and responding to bullying. It is important to learn what bullying is and what it is not. This is the first step in talking about how to prevent or respond to bullying with your child. 'Bullying' is a word that is used for lots of things that are not actually bullying. These other behaviours may be just as serious, but may require different responses.

The national definition of bullying is "Bullying is an ongoing and deliberate misuse of power in relationships through repeated verbal, physical and/or social behaviour that intends to cause physical, social and/or psychological harm. It can involve an individual or a group misusing their power, or perceived power, over one or more persons who feel unable to stop it from happening." Bullying can happen in person or online, via various digital platforms and devices and it can be obvious (overt) or hidden (covert). Bullying behaviour is repeated, or has the potential to be repeated, over time (for example, through sharing of digital records).

Bullying of any form or for any reason can have immediate, medium and long-term effects on those involved, including bystanders. Single incidents and conflict or fights between equals, whether in person or online, are not defined as bullying.

Behaviours that do not constitute bullying include:

- mutual arguments and disagreements (where there is no power imbalance)
- not liking someone or a single act of social rejection
- one-off acts of meanness or spite
- isolated incidents of aggression, intimidation or violence.

However, these conflicts still need to be addressed and resolved. Likewise not all online issues are bullying. (Online bullying is sometimes referred to as cyberbullying and refers to bullying that is carried out through information and communication technologies.)

If your child reports that bullying is occurring at school, or the bullying involves students from the school outside of school, you should let us know the situation as soon as possible so steps can be put into place immediately to stop the issue from continuing.

If you have any ideas or suggestions as to how as a school, we can better manage this issue please reach out and we can work together to implement new ideas and strategies. We also seek feedback on our policies. The Schools Bullying Prevention Policy can be accessed on the school website and or downloaded from compass under school documentation/policies. Please contact the school reception to make a time with the school leadership team to discuss any changes or suggestions you have to our currently school policy.

For further information or support for you and your child please go to <https://bullyingnoway.gov.au/support-and-advice/for-families>

PARTY!
PARTY!
PARTY!



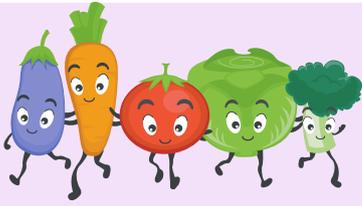
Happy
Birthday



MISS
CLOVER
TURNS

1



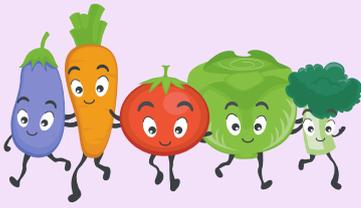


SAKG NEWS

This week in the kitchen and garden the children really enjoyed cooking and eating the Tomato and Basil Risotto and Eggplant Bruschetta. We also used up the rockmelons, watermelons, honey dew melons and kiwifruit in a fruit platter with a honey yoghurt dip.

We have lots of cucumbers, zucchinis and eggplants coming out of the garden so we are busy chopping and putting the produce in the freezer so that it is ready to use next term. We have also been busy preserving, making some eggplant chutney and kiwifruit and apple jam.





SAKG NEWS

In the garden we've been lucky enough to have some cooler weather so we can actually do some gardening! The children made some stake teepees so that we can grow the sugar snap peas and sweet peas. We've also planted Egyptian Walking Onions, garlic, leeks, broccoli, cauliflower, cabbage and lots of flowers for the bees. Speaking of bees, we even had a visit from a native Blue Banded Bee on Monday which we were all very excited about. There are no photos of it as they move very fast but we do have a little video in which you can see it flying around and you can hear its very loud buzz.

Blue Banded Bee (Amegilla) (aussiebee.com.au)



We've been very lucky to have Ragan Cicchino (Marlon, Salvador and Dante's mum) come into the garden and work her magic in an area we have not been able to get to yet – the pumpkin patch and the chook house! We are so lucky to have her ideas, her time and her skill for a complete transformation of the chook yard. The chickens (and the children) now have a fairy tree to explore, a bathtub full of succulents and iris plants and some pretty amazing decorations on the fences. We know Ragan has lots more ideas and can't wait to see what happens next! Thanks Ragan!



In the Kindergarten

We have been celebrating Harmony Week 2024, with the theme 'Everyone Belongs'. It's a celebration that recognises Australia's diversity and brings people together from many different backgrounds. The colour that represents Harmony Day is Orange. Children had the choice to wear orange clothes or accessories to Kinder for the week to acknowledge diversity and help support inclusiveness. The children made orange wrist bands, coloured in Harmony day colouring pages and created a class poster labelled Everyone Belongs.



We also read many stories together as a group and had multiple discussions about being different and how we can include all diversities at kinder.



- **Last Day of Term 1 Kinder - Thursday 28th March - 3pm Pick Up**
- **Sports dress up days for kinder are Wednesday 27th March and Thursday 28th March.**
- **First Day of Term 2 is Tuesday 16th April**



PE NEWS

CROSS COUNTRY

Our School's Cross Country will be held on the first Friday of Term 2, on 19th April at Willow Park, Pearce Street. All students in Years 3 to 6 will participate in a 2km. or 3km. distance, depending on their age. 2/3B will also need to attend, but the year 2's will have a modified course and return to school early. Races will be held every 15 minutes, starting with the 9/10-year-old girls at 1:00pm.

We are fortunate to have some Secondary helpers, but I am also looking for parents who are able to supervise the course and assist with the finish line. The main jobs are manning a station around the course and encouraging our runners as they pass. The afternoon is very short, and your assistance is really appreciated.

*If you can help, please see myself or let the front office know and I will be in touch before the day.





SLC NEWS

SLC Fundraiser

The SLC committee have meet and have elected to run a;

Sports Day

Thursday 28th March

\$2.00 donation

Raising Funds for sports equipment in classrooms

Please come dressed in anything sports





TheirCare
Where Kids love to be!

Upcoming Events/Info

Upcoming public holidays/pupil free days:

Public holiday—29th
March and 1st April

End of term—Thursday
28th March

School holidays—2nd
April—12th April

Our opening hours are:

BSC— 6:30am - 8:50am

ASC— 3:30pm - 6pm

We provide breakfast
for your children
between 6:30am and
8:15am.

Our delicious
afternoon tea is
served at 3:45, once
all the children are
signed in and settled
into our service.

We currently have
vacancies available
for both before and
after school care.

Why not pop in for a
visit and check out
the service or you are
welcome to call us on
0447 007 044

Please Note: if your
child is not attending
care PLEASE inform
Maddie by phone or
email

Thank you.

We started off last week celebrating TheirCare's 7th Birthday. WHOOOOH!

We celebrate throughout the whole week with party games such as, Pin the tail on the donkey, pin the horn on the unicorn, music statues, musical chairs, don't let the balloon drop and many more.

But our most favourite part about the week was the party food.

We participated in a donut eating contest. Tying the donut up with string the children had 1-2 minutes to eat it with their hands behind their back. On Friday we had a cake where the children got to decorate their own cake, and all celebrate together.

It was an amazing week, thank you for all that joined us. Our school holiday program has opened up for families to book in!

Get those paintbrushes ready because ART ATTACK to TheirCare's Autumn Holiday Program! From vibrant and colourful in-house art activities to inspiring excursions, we're diving into a world of art and creative exploration!

We hope that all our friends can join us!



Service Number - 0447007044

Service Email - wodongawest@theircare.com.au

TheirCare HQ - 1300 072 410

TheirCare Email - info@theircare.com.au



Wodonga West
**EASTER
RAFFLE**

**Tickets \$1 each,
Drawn 28th March 2024**

Return your tickets by 26th March

**Donations of Easter chocolates/gifts
greatly appreciated, please drop off to
the office by 26th March 2024**

BREAKFAST CLUB

Toasted Sandwiches
Fruit Cups
Primas

EVERY MON & WED

8.30-8.50AM



- Will be running on a trial basis Monday and Wednesday mornings of Term 1. If well attended we will continue for the whole year.
- All kids welcome
- Held in the SAKG Kitchen

LUNCH ORDER CANTEEN MENU 2024

AVAILABLE MONDAY—FRIDAY

Please place your order / money in the special canteen box in the front office by 9.00am

Sandwiches (White & W/G bread)

Ham	3.00
Chicken	4.00
Cheese	2.00
Vegemite	2.00
Cheese & Tomato	2.50
Cheese & Vegemite	2.20
Egg & Lettuce	3.50
Ham & Cheese	3.20
Ham, Cheese & Tomato	3.50
Chicken, lettuce & Mayo	4.50
Plain Salad	4.00
Ham & Salad	4.50
Chicken & Salad	5.00
Wrap	+0.40 extra
Roll	+0.50 extra

Hot Food

Nachos with salsa & cheese	5.00
Pizza (Ham & Pineapple)	3.50
Chicken Burger w/ Lettuce, cheese & mayo	5.00
3 Chicken nuggets	2.00
6 Chicken Nuggets	4.00
3 Gluten Free Nuggets	2.00
6 Gluten Free Nuggets	4.00
3 Steamed Dim Sims	3.50
Party Pies	1.50
Pie	4.50
Sausage Roll	4.00
Hot dog plain	3.80
+ cheese	4.50
+ sauce	4.00
+ cheese & sauce	4.50
Lasagne	5.00
Pasta	4.00
Fried Rice	4.00
Sweet chili chicken wrap	5.00
Corn on cob	1.20
Wedges	4.50

Jaffles

Cheese	2.20
Cheese & tomato	2.70
Cheese & Vegemite	2.70
Ham & Cheese	3.50
Ham, cheese & tomato	3.70

Salads

Salad Bowl	5.00
Caesar Salad	5.50
Chicken Caesar Salad	6.50



eCanteen

Online canteen management software

eCanteen is an online order processing system for schools. It can be used on any device without the need for installation. It is mobile compatible as a free simple app installed from the website without any need of an app store.

The eCanteen online ordering system is designed with parents in mind. Many of its features are designed to make the process of ordering from the canteen convenient and simpler for parents of students. These features include:



Simple login

Login with a Facebook, Google or Microsoft Account to cut down on having to remember yet another login. Don't have one of these, don't worry it's easy to sign up to one of these providers for free.

Manage your own students

Your account allows you to create profiles for multiple students across multiple schools (should those schools be using the eCanteen online ordering system). This stores the details of your students and allows you to process orders for one or more children in a single transaction, rather than having to place individual orders for each student.

Order up to a week in advance

Not only does eCanteen allow you to order for multiple students, it also allows for you to place all your orders for the current week. Cut off times are set by your school's canteen, so please check to make sure you complete your order for a day before the cut off time.

Repeat Orders

Easily access previous orders to copy them into a new order, cutting down on time taken to complete your orders.

Easy, secure payment

All payments are processed by PayPal. PayPal is a trusted payment processing site which gives you security in knowing your details are securely stored, so you don't have to enter them every time. PayPal allows you to use either a credit card or bank account and keeps a record of all payments made.

www.ecanteen.com.au



eCanteen

Online canteen management software

Getting Started

Register Your Account

To use eCanteen you need to register an account and login. To do this you can use an existing Facebook, Google or Microsoft account. You will need to provide eCanteen with your First Name, Last Name, Email Address and Phone Number so that the school can contact you if there are any problems with your order.

Create Profiles

Once you have logged in you need to create a profile to be able to make order. A profile can be created for a Student or School Staff Member. When you create a profile, you must provide the First Name and Last Name of the student or staff member and select their school. Your school may also require you to provide student code, home group, teacher or room. You can have as many profiles linked to your account as you need, with each profile being able to be link to a different school as needed.

Placing an Order and Checking Out

Now you can place an order for each of your profile. Click the new order button and add items to your order by clicking the select button. You can add multiple items by clicking the plus button. After clicking the save button you will return to see all your selected items. You can order for multiple profiles across multiple days of the week in one transaction. Once you have completed all your selections click the checkout button to process all your orders via PayPal.

www.ecanteen.com.au

1 ADD STUDENTS
Register your account

2 PLACE ORDERS
Create student orders

3 CHECKOUT
Securely pay for your orders

12/03/2024

Dear School Community,

Temporary Changes to Trading Hours for School Holidays

With the end of Term 1 quickly approaching, we'd like to advise you that there are changes to the trading hours of all Beleza retail stores during the holiday break. Your local Beleza store will be closed for the Easter public holidays and during the first week of holidays.

We'd recommend families check their local store's Google listing to confirm opening hours before visiting a store. As we have multiple Beleza locations across Victoria, we suggest searching "**Beleza + Your Suburb Name**" to ensure you're getting the most relevant information.

Please note that **all stores will be closed from Friday 28th of March to Sunday 7th of April**. We'll return to our usual trading days and hours across all stores **from Monday 8th of April**, however as our trading days differ from store to store, please check your local store's trading hours.

We'd like to apologise for any inconvenience that these changes may cause, and thank you for your understanding. We hope you all have a safe and enjoyable holiday break!

Kind regards,

Beleza School Uniforms



EASTER FUNDRAISER

28 MARCH, 2024 | 2:30PM

**SUMSION GARDENS (LEFT OF THE PLAYGROUND)
28 HUON ST, WODONGA VIC 3690**

Join us for a very special Easter Fundraiser. There will be a sausage sizzle, bake sale, and raffle with all proceeds going to Uncle Phil and Aunty Marg Murray to help rebuild after a devastating house fire

RAFFLE WINNERS WILL BE DRAWN AT 6PM



NETBALL WODONGA

ENTRIES CLOSE
THURSDAY 28
MARCH!

2024 SATURDAY NETBALL

Season starts: Saturday 20 April, 2024.

Games at 9am and 10.15am

- Net Set Go (ages 01/01/14 to 31/12/19)
- U9 Girls & Boys (ages 01/01/15 to 31/01/17)
- U11 Girls & Boys (ages 01/01/13 to 31/12/14)
- U13 Girls & Boys (ages 01/01/11 to 31/12/12)
- U16 Modified Mixed (ages 01/01/08 to 31/12/10)

• All Abilities Never played before? Looking for a team?

Have a team ready to go? We welcome everyone!

Check out 'Netball Wodonga Inc' on Facebook or scan the QR code
above for all the registration details.

Enquiries to Registrar, Jodi Davey - 0402 274 320
presidentnetballwodonga@hotmail.com



HUME FOOTBALL NETBALL LEAGUE

▶ MURRAY ◀ MAGPIES



JUNIOR



FOOTBALL

UNDER 14'S

FAMILY

JOIN US TODAY

FIND US ON FACEBOOK

UNDER 17'S

DEVELOPMENT

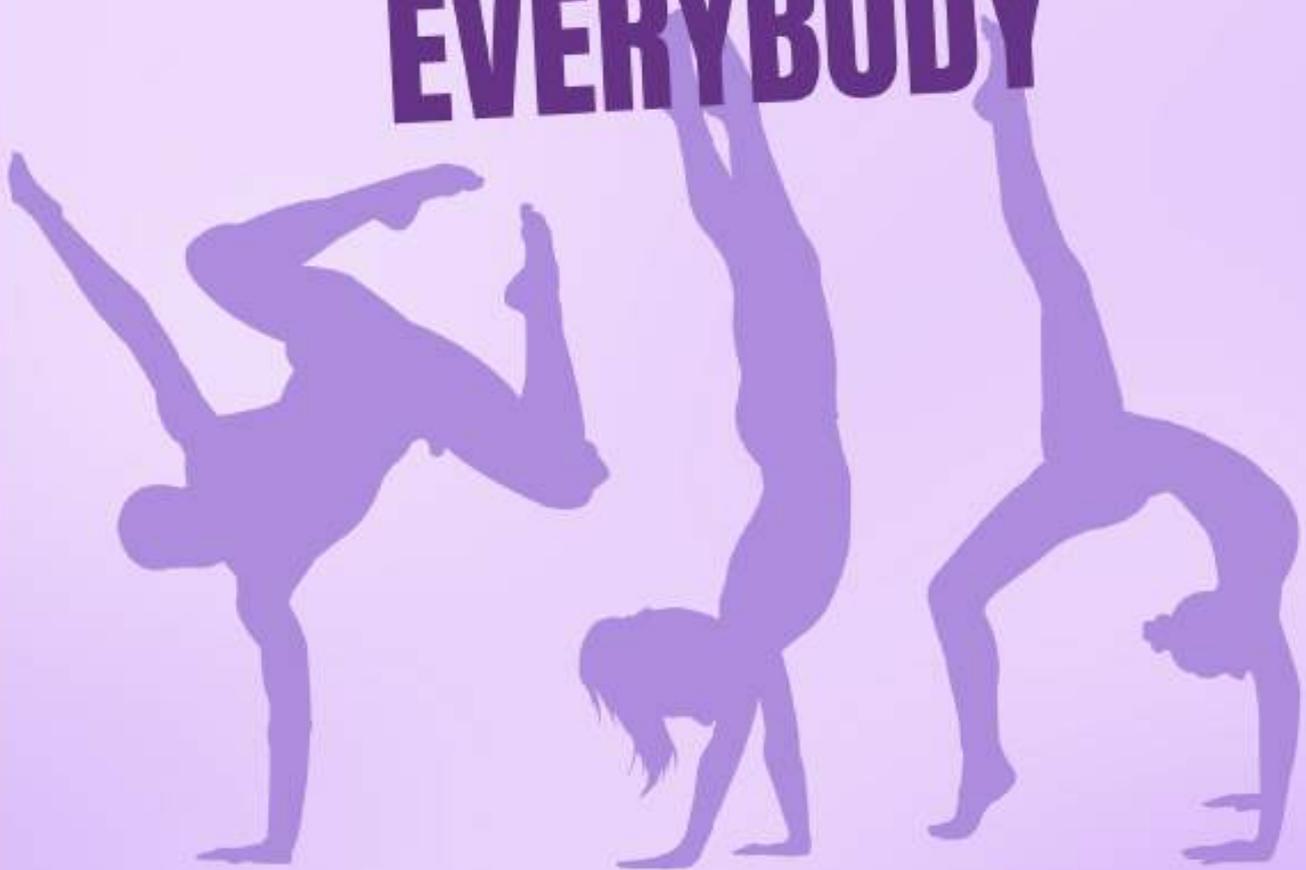
MURRAYMAGPIES@HOTMAIL.COM



Flyaway Gymnastics

A l b u r y W o d o n g a

**A SPORT FOR
EVERYBODY**



**LittleTots, Pre-School, Gymstar,
DanceGym, Tumbling, FreeG**

1014 Nowra Street, North Albury PH: (02) 6041 1127

flyawaygymnastics@hotmail.com

www.flyawaygymnastics.com.au

St John Youth!

Come have fun!

- Learn valuable First Aid Skills!
- Participate in fun activities!
- Practice your skills in real-life settings!
- Complete and earn badges!



Every Monday
6-8pm
For ages
12 to 16

We provide you with critical First Aid knowledge and skills through qualified courses and training, and offer leadership opportunities. Having a background in St John Youth will give you a head start when entering the healthcare field.





OFF-GRID LIVING

FESTIVAL & CAMP OUT

APRIL 6 & 7th 2024

CHILTERN - VICTORIA - AUSTRALIA

GATES OPEN - 9AM - 5PM

Come Along and Be Inspired!

by a huge array of unique exhibitors, talk stages, workshops and people from all walks of life who are passionate about

Sustainable Living and Life Off-Grid!

The Off-Grid Living Festival (founded in 2018) has quickly grown to become one of the best-known sustainability events in Australia.

It has grown bigger and better each year whilst still maintaining it's original grassroots vibe. It's an amazing weekend in NE Victoria for all to enjoy!

Check out our website:

<https://www.offgridevent.com.au/>

and get your tickets online at:

<https://www.trybooking.com/events/landing/1143200>

For more information contact Bart on: 0419 390329

Border Regional Electrification Events Inc.
Supporting the Off-Grid Living Festival



CANVAS:

Creative Acceptance Neurodivergent Valued Allied Support

CANVAS is a small group program aimed at supporting neurodivergent teens between the ages of 15-17 to improve self esteem, navigate personal challenges, process past traumas and promote social confidence.

Using activities like improv, role-play, and storytelling we help teens express their feelings, experience normalising of life's challenges, get to know each other and boost social confidence.

At it's core, CANVAS is a safe space where teens can share their stories, make new ones, and build better relationships.

**Come join us on this journey to feel better
and have fun along the way!**

**WHEN: APRIL 19-JUNE 28, FRIDAYS 4-5PM
HOW MUCH: \$49 PER WEEK (10 WEEK COMMITMENT
REQUIRED & NDIS AVAILABLE)
WHERE: 416 LAWRENCE ST, WODONGA**



Connected kids

Empowering children to shine with boosted self-esteem and self-confidence.

Fostering meaningful friendships through fun and engaging activities.

Equipping children with essential communication skills for life.

Helping children understand and manage their emotions mindfully.

All in an inclusive & Supportive environment



Enrol now
info@insighttherapiesvic.com.au



Term 2, 2024 Group Program

Dates: April 17th - June 26th

Wednesday's 4-5pm

Cost: \$49 per week (11 week term commitment required)



INSIGHT-FULL PAWS

A group incorporating all the best parts of our successful Insight-Full Kids program with the power of Animal Assisted Therapy designed for children aged 9-11.

- ✨ Discover Confidence, Self-Expression, and Emotional Well-being
- 🐾 Experience Animal-Assisted Therapy with Our Certified Therapy Dog
- ♥ Fun, Interactive, and Supportive Group Sessions
- ☀ Empower Your Child's Emotional Growth Today!
- 📅 Limited Spots Available - Email now to Register info@insighttherapiesvic.com.au

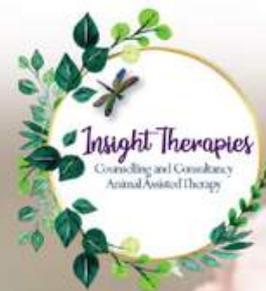
April 16th-June 26th (11 weeks)

Tuesday's 4-5pm

\$49 per session (full term commitment required, NDIS available)



TERM 2 INSIGHT-FULL KIDS



ABOUT THE GROUP

Insight-Full Kids is a dynamic mindfulness & resilience building group designed for children aged 7-10. Through engaging activities & supported social & emotional learning, we empower children to overcome overthinking, anxiety, and emotional challenges, equipping them with essential life skills for a brighter future.



WHAT TO EXPECT

Using a mix of relaxation, mindfulness, creative activities and games, your child will learn about their emotions and practice skills to help them better manage their thoughts, feelings, and behaviours. This will enable them to feel more confident and better able to self-regulate.



HOW TO JOIN

If you would like further information, or to register a child, please email info@insighttherapiesvic.com.au

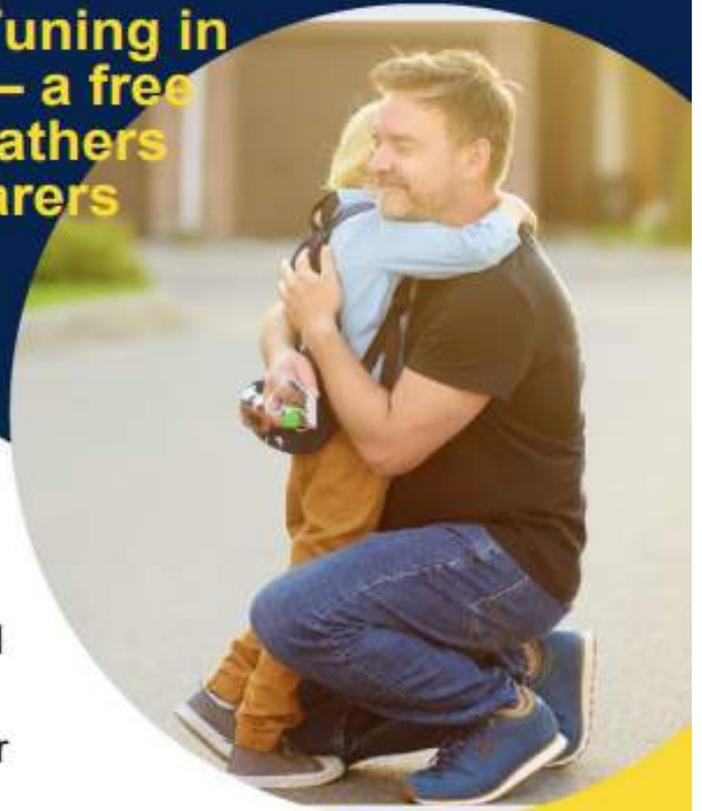
Dates: April 18th - 27th June (11 weeks)
Thursdays 4-5pm

Cost: \$49 per session (Full term commitment required, NDIS available)



Are you a male caring for a child between 3 and 12 years old?

Join our Dads Tuning in to Kids group – a free program for fathers and male carers



YOU WILL LEARN TO:

- Help your child cope with frustration, sadness, anger, and worry
- Support your child to build their social and emotional skills
- Strengthen your connection with your child
- Manage the stress of parenting

YOU WILL ALSO:

- Meet other men caring for children
- Learn from their parenting stories and share your own, if you want to

Program Details:

Groups usually run as approximately 2 hour sessions for 7 weeks

Most groups will run online – you will need a computer or tablet with internet access

To express your interest in joining a Dads Tuning in to Kids group, fill in the online form here - <https://forms.office.com/t/1u7u7hud02X> or by scanning this QR code with your phone's camera. We will then contact you with details of the next groups

If you need help completing the online form or accessing internet connected device, ask your DCJ caseworker



Communities and Justice